☀ **Summer 2026**

Connect + Learn

Youth Activities

Newcomers can join us to practise listening and speaking skills in a safe, encouraging and welcoming environment.

FRIDAYS, 10:00am – 12:00pm,
July 17 – August 21

Each Friday we will meet at a different location in Guelph for fun activities.

Click here to register: https://is-gw.ca/series/connect-learn-activities-for-youth/

July 17 – BASKETBALL, CANCELLED due to outdoor air quality

July 24 – SOCCER, Castlebury Park, 50 Castlebury Drive, Guelph, ON N1K 1X2

July 31 – SELF-DEFENSE TRAINING

ISGW, 104 Dawson Road, Unit 102, Guelph, ON N1H 1A6

Learn simple and effective self-defense maneuvers from Sensei Donna Haskett, JKA Godan (5th black belt)/of Rockwood-Guelph JKA, accompanied by Senpai Roland Haskett, JKA Shodan (1st black belt)/also of Rockwood-Guelph JKA. It is recommended to wear comfortable, loose-fitting clothing.

August 7 – PING PONG

Joseph Wolfond Park East, 230 Arthur Street North, Guelph, ON N1E 4W1

August 14 – DISC GOLF (frisbee), Riverside Park, Riverview Drive, Guelph, ON N1E 3R6

August 21 – BASKETBALL, Castlebury Park, 50 Castlebury Drive, Guelph, ON N1K 1X2

For more information or help to register, contact **Tarik** at 519-836-2222, ext. 230 or tbelmqaddem@is-gw.ca

Funded by: Immigration, Refugees and Citizenship Canada
Financé par : Immigration, Réfugiés et Citoyenneté Canada

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